

2008 Football Cash Cow Fantasy Draft Guide

Quarterbacks

It would probably behoove you to nab one of the top 8 QBs this year as the remaining options are unreliable for your QB1.

1. Tom Brady – New England Patriots

Duh. Tom Brady was the fantasy MVP last season and there is no debate on who should be the first quarterback off the board. Not to mention, Brady hasn't missed a game in over 6 years. Don't let the easy strength of schedule fool you though, as New England has one of the least favorable schedules in terms of fantasy points allowed to QBs (30th). Prediction: 4,400 yards – 39 TDs, 12 INTs.

2. Tony Romo – Dallas Cowboys

Romo is in his prime and he has the supporting cast to duplicate, if not surpass, his great 2007 campaign. Some owners have a sour taste in their mouth after his poor finish last season, but we hope it was solely due to his thumb issues. Draft Romo with confidence. Prediction: 4,100 yards – 35 TDs, 17 INTs.

3. Peyton Manning – Indianapolis Colts

If you are looking for a consistent, durable quarterback; Peyton Manning is your guy. He has never missed a game and has thrown 4,000+ yards in 8 of the last 9 years. Harrison's uncertain status should not be a factor as Manning put up solid numbers without him last season. Prediction: 4,000 yards – 32 TDs, 15 INTs.

4. Drew Brees – New Orleans Saints

One of my biggest mistakes last season was grabbing Brees too early in both of my fantasy drafts. His slow start led to my demise and I only reaped the benefits of his strong finish in the loser's bracket. That being said, we still think Brees is a top 5 QB and you should not hesitate to grab him as your QB1. Prediction: 4,400 yards – 30 TDs, 15 INTs.

5. Derek Anderson – Cleveland Browns

Derek wasn't even on our radar in last year's Draft Guide, but he proved to be a more than capable QB in 2007. He has a great supporting cast with Braylon Edwards and Kellen Winslow. The addition of Donte' Stallworth can only help Anderson's numbers this season. Anderson goes from waiver wire pickup in 2007 to QB1 in 2008. Prediction: 3,800 yards – 30 TDs, 18 INTs.

6. Ben Roethlisberger – Pittsburgh Steelers

We predicted a big comeback for Big Ben after an abysmal 2006 campaign, but he far exceeded our expectations. Roethlisberger's 32 TDs to only 11 INTs was a staggering turn-around from the 18 TD/23 INT debacle of the prior year. Pittsburgh's schedule is brutal this season, which will curtail our expectations slightly. Prediction: 3,400 yards – 30 TDs, 15 INTs.

7. Matt Hasselbeck – Seattle Seahawks

Hasselbeck delivered despite key injuries to Shawn Alexander and Deion Branch last season. The Seahawks will probably be without Branch again until at the earliest mid-season and D.J. Hackett signed with the Panthers. That being said, Hasselbeck seems to accumulate starter-worthy numbers and we don't see why he can't do it again. Prediction: 3,500 yards 28 TDs, 15 INTs.

8. Carson Palmer – Cincinnati Bengals (-)

We love Palmer's ability, but the situation in Cincinnati leaves much to be desired. Chad Johnson is trying to get traded and Chris Henry has been cut. Palmer threw for under 200 yards in 3 of his last 5 games in 2007 and only threw 5 TDs during that stretch. If you can't tell by now, we are a little down on Palmer right now; but he is still worthy of being your fantasy starter. Prediction: 3,750 yards – 26 TDs, 17 INTs.

9. Eli Manning – New York Giants

Manning has nothing to prove in real-life football after the Giant's run to a championship, but he does have something to prove as a starting fantasy quarterback. We like Manning this season because the G-Men have the worst fantasy schedule in terms of the running back position, so we think they will be forced to turn to the air attack. Prediction: 3,600 yards – 25 TDs, 18 INTs.

10. Marc Bulger – St. Louis Rams

Bulger and the Rams were a fantasy disaster last season, but much of the disappointment was due to injuries to all of the key fantasy performers. We are hopeful that Bulger will rebound this season and return to his 2006 form. This is a risky pick for your starting QB, so make sure to draft a solid backup. Prediction: 3,550 yards – 24 TDs, 15 INTs.

11. Brett Favre – New York Jets

Favre lands in New York who has a couple of decent receivers to work with in Cotchery and Coles. This situation is better for Favre than Tampa Bay. Note: Still, we don't expect Brett to replicate his 2007 numbers and success. Prediction: 3,550 yards - 25 TDs, 18 INTs.

12. Donovan McNabb – Philadelphia Eagles

McNabb hasn't played a full season since 2003, but he is a consistent performer when he is on the field. He is now another year removed from his knee injury which should help. This is yet another risky pick, so make sure to grab a quality backup. Prediction: 3,250 yards – 23 TDs, 12 INTs.

13. Jake Cutler – Denver Broncos

Cutler quietly had a productive season in 2007 even with his perceived top wide-out, Javon Walker, being injured. Brandon Marshall stepped up and had a monster year and should continue to gel with Cutler. Keep in mind that Denver has the second worst fantasy schedule for quarterbacks, but the most favorable for running backs. Draft Cutler as a border-line starter/excellent backup. Prediction: 3,400 yards – 22 TDs, 15 INTs.

14. Jake Delhomme – Carolina Panthers (+)

Delhomme started off 2007 by throwing 8 TDs in 2+ weeks, but an elbow injury ended his season. If he can return healthy from Tommy John surgery, we think Delhomme is a great sleeper and could even produce starter-type numbers. Steve Smith will certainly benefit from Delhomme's return. This is an excellent choice for your backup quarterback in 2008. Prediction: 3,350 yards – 21 TDs, 16 INTs.

15. David Garrard – Jacksonville Jaguars

One of the biggest fantasy surprises of 2007, Garrard threw 18 TDs and only 3 INTs in his 12 starts. Garrard looks like a safe pick for your backup, but he doesn't quite deserve starter consideration just yet. The Jags did sign Jerry Porter this off-season, but there remains a lack of talent at WR for Garrard to work with. Garrard is a top-notch backup choice here. Prediction: 3,100 yards – 20 TDs, 8 INTs.

16. Jon Kitna – Detroit Lions

We had Kitna as our #7 quarterback in last year's Draft Guide and he didn't quite live up to expectations. That being said, there is a lot of talent at the skill positions to work with in Detroit and he did manage to throw over 4,000 yards still. If Kitna can hold off Stanton for the starting role, he could be a very productive backup for you fantasy squad. Prediction: 3,900 yards – 21 TDs, 18 INTs.

17. Kurt Warner – Arizona Cardinals

If he takes over as the starter at any point, he immediately becomes a legit fantasy option. Note: Named the starter. Prediction: 3,600 yards, 24 TDs, 15 INTs.

18. Philip Rivers – San Diego Chargers (-)

We want to like Rivers this season, but his knee injury is a slight concern. In addition, San Diego statistically has the worst fantasy schedule for the quarterback position in 2008. We are cautious about drafting Rivers, but still believe he will be a more than adequate backup. Prediction: 3,200 yards – 22 TDs, 14 INTs.

19. Aaron Rodgers – Green Bay Packers

There is definitely some up-side here, but I would look for more of a sure thing for my fantasy backup. There are some rumors that Brett Favre is itching to unretired, so monitor that situation closely. We still are under the impression that Rodgers will be the Packer's starter this year. Note: Looking good in preseason opener. Prediction: 3,150 yards – 21 TDs, 17 INTs.

20. Matt Schaub – Houston Texans (+)

Injuries held Schaub back from making a significant fantasy impact in 2007. Sage Rosenfels stepped in nicely which is fueling a quarterback controversy heading into camp this season. We like Schaub

and if he keeps the starting job, we think he will be pretty productive. Prediction: 3,100 yards – 20 TDs, 15 INTs.

21. Jason Campbell – Washington Redskins (+)

Todd Collins performed well after Campbell went down with a knee injury, but we think Campbell will be Washington's starting quarterback heading into the season. The Redskins have the easiest fantasy schedule for quarterbacks, so Campbell could become a nice surprise if you take him as your backup. Prediction: 3,050 yards - 18 TDs, 12 INTs.

22. Vince Young – Tennessee Titans

OK, the Madden curse has come and gone and now it is time for Young to return to fantasy respectability. Young did improve nearly 11% in passing accuracy last season, but that didn't translate to TDs (only 9 in 2007). The addition of Alge Crumpler will benefit Young and we think he will be a capable backup in 2008. Note: Stripped of sleeper status because he is showing no signs of improvement in preseason. Prediction: 2,650 yards – 14 TDs, 15 INTs; 450 rushing – 5 TDs.

23. Jeff Garcia – Tampa Bay Buccaneers

We now enter the world of unreliable fantasy backups starting with Garcia. He had some quality games last season, but missed a few games due to a back injury. Garcia is a shaky option as you backup. Prediction: 2,550 yards – 14 TDs, 8 INTs.

24. JaMarcus Russell – Oakland Raiders

The first overall pick in 2007 is still not ready to become a fantasy contributor, especially on this team. He will probably be handing the ball off to McFadden and Fargas more than throwing completions and touchdowns. Prediction: 2,400 yards – 13 TDs, 15 INTs.

25. J.T. O'Sullivan – San Francisco 49ers

Well, let's see what Mike Martz can do with this relative unknown. Who knows, maybe this will be the Derek Anderson of this season! Prediction: 2,400 yards – 15 TDs, 15 INTs.

26. Trent Edwards – Buffalo Bills

Edwards wasn't very impressive last season, but he should be able to hold off Losman for the starting role. Edwards does have a talented receiver in Lee Evans which should provide a few long touchdowns. To put it bluntly, we wouldn't feel too confident with Edwards as our primary backup. Prediction: 2,600 yards – 15 TDs, 15 INTs.

27. Chad Pennington – Miami Dolphins

Looks like Pennington will lead the Dolphins this season. Oh boy! Prediction: Prediction: 2,400 yards – 12 TDs, 12 INTs.

28. Matt Ryan – Atlanta Falcons

Definitely worth a look in keeper leagues, but don't expect any miracles in Ryan's rookie campaign. We think there is a chance he may not even start a game in 2008. Note: Played well in his first preseason action. Note: Named the starting quarterback. Prediction: 2,200 yards – 14 TDs, 16 INTs.

29. Brodie Croyle – Kansas City Chiefs

Croyle is only ranked this high because of the talent around him. Dwayne Bowe is an up and coming star and Gonzalez is still an excellent target at tight end. That being said, there is no guarantee that Croyle will be the starter the entire season, so limit your expectations. Prediction: 2,250 yards – 12 TDs, 13 INTs.

30. Tarvaris Jackson – Minnesota Vikings

Jackson's only asset might be his running ability, but we think that Frerotte will be starting some games before this season is through. Note: Make sure knee injury isn't serious. Prediction: 1,650 yards – 8 TDs, 11 INTs; 200 rushing – 2 TDs.

31. Kyle Orton – Chicago Bears

Kyle Orton has been named the Bear's week one starter and will almost certainly be available on the waiver wire if he fares well. Don't bother wasting a draft pick, but keep him in the back of your mind. Prediction: 1,800 yards – 10 TDs, 13 INTs.

32. Matt Leinart – Arizona Cardinals

Well, he has some weapons to throw to. Unfortunately, if Leinart does indeed start and falters at all; Warner will be waiting in the wings. There is some upside here if Leinart can get things together. Note: Not the starter. Prediction: 750 yards – 6 TDs, 7 INTs.

33. Gus Frerotte – Minnesota Vikings

Watch during the preseason and see if Frerotte is named the starter. Prediction: Could be a capable fantasy backup if named the starter.

34. Chris Redman – Atlanta Falcons (+)

If he begins the season as the starter, we could see Redman performing well enough to keep Matt Ryan on the bench most of the season. After Redman's strong final 5 games last season (1,070 yards, 10 TDs), we view him as a potential sleeper. Note: Ryan named starting quarterback. Prediction: A good fantasy backup while he is the Falcon's starter.

35. Kellen Clemens – New York Jets

You better be in a very deep league if you are considering Clemens. Note: Clemens will likely throw very few passes this year. Prediction: 250 yards – 1 TDs, 2 INTs.

Running Backs

There is plenty of talent to go around at the running back position. Making the correct picks here could make or break your season.

1. LaDainian Tomlinson – San Diego Chargers

Many people might be considering taking Peterson over LT, but with durability concerns and Chester Taylor's presence; we just couldn't pull the trigger. LT is a very proven commodity with 69 TDs scored in the last 3 years combined. We may never see a year like we saw in 2006 again, but LT is certainly capable of putting up stellar numbers. Prediction: 1,500 rush, 425 rec., 19 TDs.

2. Adrian Peterson – Minnesota Vikings

Peterson will single-handedly give you 2 victories this season with games like his record-setting 296 yards against the Chargers. His knee injury is a concern; as he never did quite return to his early season form after the injury. Still, there is too much talent here to let him slip past #2. Not to mention, Minnesota has the second easiest fantasy RB schedule based on last year's numbers. Prediction: 1,500 yards, 350 rec., 17 TDs.

3. Brian Westbrook – Philadelphia Eagles

Being an Eagle's fan, I am always hesitant to select Westbrook. I feel like I am going to jinx him or something. The production is undeniable, especially in PPR leagues with his 90 receptions in 2007. As long as Westbrook is healthy, he will put up some fantasy points. Note: Holdout is over! Prediction: 1,400 yards, 450 rec., 15 TDs.

4. Steven Jackson – St. Louis Rams

Jackson owners from last season will be very skeptical of picking Jackson this high as his touchdown numbers dropped from 16 in 2006 to just 6. That being said, Jackson entering his prime at the ripe young age of 25 and he has loads of talent. We predict a nice comeback year for Steven and the Ram's offense as a whole. Prediction: 1,400 yards, 450 rec., 15 TDs.

5. Joseph Addai – Indianapolis Colts

Addai built upon his solid rookie campaign with a stellar first year as the Colt's full-time starter. This offense is still very potent and Addai will once again be a major contributor. There are some concerns that the Colts might cut down on his carries to keep him healthy the entire season. Prediction: 1,125 yards, 350 rec., 12 TDs.

6. Marion Barber – Dallas Cowboys

We loved Marion Barber when he was sharing the backfield with Julius Jones. Now we love him even more. We realize the Cowboys drafted Felix Jones to share the workload, but we feel that Barber will have a big year. If Barber can near the 250 – 275 carry range, we see no reason why he can't produce RB1 worthy numbers. Prediction: 1,075 yards, 275 rec., 14 TDs.

7. Marshawn Lynch – Buffalo Bills (+)

Lynch managed to compile 1,115 yards and 7 scores in only 13 games last season. The Bill's coaching staff has stated that Lynch will be involved in third down packages much more this season, so we think that will translate into a big year. The only downside is that defenses can key on Lynch as he is clearly their best offensive weapon. Prediction: 1,350 yards, 300 rec., 11 TDs.

8. Clinton Portis – Washington Redskins

Portis has shown a new commitment to his off-season regime and appears to be ready to build upon his impressive 2007 showing. Portis is a year removed from his injury and he is in his prime. Portis should have a nice year. Prediction: 1,300 yards, 350 rec., 12 TDs.

9. Larry Johnson – Kansas City Chiefs

It appears that Larry Johnson's best years may be behind him, although he is only one year removed from a 2000+ yard, 19 touchdown year. His yards per carry have dropped from 5.2 in 2006 to 4.3 in 2007 to 3.5 in limited action last season. We do think Johnson is capable of rebounding to RB1 status and he apparently will be fully recovered from his foot injury. Prediction: 1,225 yards, 250 rec., 10 TDs.

10. Frank Gore – San Francisco 49ers

This situation is almost a carbon-copy of Steven Jackson's. 25 years old... big year in 2006... big expectations in 2007... big disappointment. Mike Martz arrives in San Francisco to try and improve this offense and he will make Gore the centerpiece. Look for a nice rebound this season. Prediction: 1,100 yards, 450 rec., 10 TDs.

11. Ryan Grant – Green Bay Packers

Grant was one of fantasy's big surprises of 2007 as he emerged from a muddled backfield as the Green Bay starter. If Favre is truly out of the picture, the Green Bay offense may suffer a little and we do not expect Grant to post 5.1 yards per rush again this season. We like Grant, but are a little hesitant. Note: Grant was rewarded with a big contract (4 years/ \$30 million). Prediction: 1,150 yards, 175 rec., 10 TDs.

12. Willie Parker – Pittsburgh Steelers (+)

This is a guy we will be targeting as our RB2. Yes, we know Parker only scored 2 TDs in 2007; but he still topped 1,300 yards rushing and he is only a year removed from a 16 TD season. Parker is going to slip through the cracks and this is a RB2 who has potential to put up RB1 numbers. The rookie Mendehall is in the mix, so Parker could see a reduced role. Prediction: 1,250 yards, 175 rec., 8 TDs.

13. Maurice Jones-Drew – Jacksonville Jaguars

If we would just get the Fred Taylor out the equation, we would propel Jones-Drew to RB1 status. This guy is as explosive as they come and we would love having him as our RB2. Look for a slight improvement upon last season's numbers and hope the 32 year old Taylor starts to break down a little. Sorry Fred, nothing personal. Prediction: 850 yards, 450 rec., 11 TDs.

14. Willis McGahee – Baltimore Ravens

As anticipated, McGahee's running style fit nicely into Baltimore's offense last season; although this was one pathetic offense. McGahee's value received a boost in PPR leagues with his career-best 43 receptions as well. McGahee is in his prime and he is a safe bet to produce solid, although not spectacular, numbers. Note: Will have arthroscopic surgery on his left knee. Prediction: 1,125 yards, 250 rec., 9 TDs.

15. Reggie Bush – New Orleans Saints

Bush was a disappointment in 2007, but he did manage to catch 73 balls in only 12 games. New Orleans still has a potent offense and Bush is the best RB on the squad. Bush is definitely worth a look as a border-line RB1 in PPR leagues and a solid RB2 otherwise. Prediction: 650 yards, 600 rec., 8TDs.

16. Earnest Graham – Tampa Bay Buccaneers

Yet another unknown making a significant fantasy impact in 2007. Tampa Bay rewarded Graham with a 3 year, \$10.5 million contract extension. It appears that the starting job is Graham's to keep. Graham is 28, but should have fresh legs as he only has 274 carries in his career. Prediction: 1,025 yards, 325 rec., 10 TDs.

17. Michael Turner – Atlanta Falcons

Can Turner be a starter in the NFL? Fantasy geeks have been waiting to find out and now we will. We believe the Falcons are a team on the rise and Turner might help them make them 'Turn' the corner. This is a riskier pick for you RB2, but they reward could be substantial. Note: 4 carries for 113 yards gets you an upgrade. Prediction: 1,100 yards, 200 rec., 8 TDs.

18. LenDale White – Tennessee Titans

White proved to be a steady, reliable running back last season. You are not going to get any 'oohs' or 'ahhs' when you announce your draft selection, but you will get consistent production from your RB2. Note: Chris Johnson in the mix. Prediction: 1,075 yards, 125 rec., 8 TDs.

19. Selvin Young – Denver Broncos (+)

Travis Henry has been released and the starting job in Denver should be Young's to lose. Young averaged 5.2 yards per carry in limited action and was effective catching the ball out of the backfield. If Young can impress early on, he may be able to take hold of the starting role and not let go. There is great upside potential here. Prediction: 1,000 yards, 250 rec., 7 TDs.

20. Brandon Jacobs – New York Giants

Jacobs still managed to amass over 1,000 yards despite missing 5 games due to an ankle injury. He wasn't quite the touchdown machine everyone had predicted, scoring only 4 in 2007. Ahmad Bradshaw is expected to get more carried in 2008, but his off-the-field issues are a potential problem. We still think Jacobs will be the main man and a decent RB2. Note: There are contract issues looming here. Prediction: 1,000 yards, 175 rec., 8 TDs.

21. Jamal Lewis – Cleveland Browns

Lewis was a nice surprise last season with a combined total of 1,500 yards and 11 TDs. We do not anticipate quite the stellar year in 2008, but we can't think of any reason why he can't come close. Jamal has been quoted that he feels "1,400 or 1,500 yards is an understatement" and we hope he is right. Prediction: 1,075 yards, 200 rec., 8 TDs.

22. Darren McFadden – Oakland Raiders

The Raiders have a 100 yards rusher, but couldn't resist drafting the talented McFadden when he slipped to #4. He signed a 6 year, \$60 million dollar deal and should supplant himself as the Raider's starter. The team has a decent enough offensive line to get the job done and we think McFadden's rookie campaign will be a good one. Prediction: 1050 yards, 225 rec., 7 TDs.

23. Laurence Maroney – New England Patriots

We thought Maroney would emerge as a big-time back last season, but a foot injury and a time-share reduced in a disappointing 2007. Is Maroney the best running back in New England? Probably. Will he muster enough carries to win you a championship in 2008? Maybe. Not a sure bet for your RB2, but there is some upside. Prediction: 975 yards, 200 rec., 8 TDs.

24. Edgerrin James – Arizona Cardinals

James is still a pretty productive back and yet falls to 24th on our list. This shows the depth of talent at the position. You know about what you are going to get with James and it is still good enough to be a low end RB2 or excellent RB3. If you like living on the 'Edge', take one of the younger guys with more upside. Prediction: 1,050 yards, 200 rec., 6 TDs.

25. Kevin Smith – Detroit Lions (+)

The Lion's coaching staff is very high on the rookie from Central Florida. They expect him to get the bulk of the work once the season starts, so we look at him as a potential sleeper. Smith should be able to handle the workload as he had an amazing 450 carries for 2,567 yards last season! Prediction: 975 yards, 300 rec., 7 TDs.

26. Rudi Johnson – Cincinnati Bengals

Oh Rudi, what the hell to do with you this year? Johnson was as stable as they come until last season's disaster. We had him ranked 6th in last year's guide. Well, we have to assume that his

fantasy production is coming to close, but consider taking him as your RB3 and maybe he will surprise you. Prediction: 900 yards, 100 rec., 6 TDs.

27. Thomas Jones – New York Jets

We are not a big fan and would recommend looking for a RB3 with a little more upside. None-the-less, Jones is the starter and the Jets have made some offensive line improvements. 2 TDs last season and steadily declining production are big concerns here. Prediction: 950 yards, 175 rec., 4 TDs.

28. Jonathan Stewart – Carolina Panthers

Stewart is a big, hard-running back that is primed to take over as the starter for the Panthers. DeAngelo Williams could still compete for the job and Stewart is coming off of toe surgery, so make sure to see how things are going during preseason. Prediction: 900 yards, 200 rec., 6 TDs.

29. Julius Jones – Seattle Seahawks

The Seahawks targeted Jones to be their next starter after Alexander's departure. We are not sold that Jones will be highly productive this season, but he is a great pick for RB3 with some considerable upside. Note: Holmgren has mentioned the dreaded RBBC with Morris and he was outplayed by Morris in the first preseason game. Prediction: 950 yards, 200 rec., 6 TDs.

30. Ronnie Brown – Miami Dolphins

Brown's rehab appears to be on schedule and he could be ready for training camp. Ricky Williams is back in the mix, but we don't anticipate that being the problem. The problem will be Brown's health which is a big issue. If he does come back strong, you might catch lightning in a bottle; but don't bank your season on it. Prediction: 850 yards, 250 rec., 5 TDs.

31. Matt Forte – Chicago Bears (+)

Bears offensive coordinator Ron Turner apparently 'loves Matt Forte' and thinks he can be an every down back. It sounds like Forte is on his way to becoming the Bear's starter. Watch the situation as it unfolds and draft Matt as a RB3 with some upside. Prediction: 875 yards, 200 rec., 6 TDs.

32. Fred Taylor – Jacksonville Jaguars

You have to admire Fred Taylor and the career he is putting together. Eventually he has to start to slow down though, right? He did average an amazing 5.4 yards per carry last season. Not a factor in the passing game whatsoever. Prediction: 975 yards, 75 rec., 5 TDs.

33. Chris Brown – Houston Texans (+)

We have a hunch that Chris Brown will end up with more carries than Ahman Green this season. That doesn't mean Brown is going to be a big fantasy producer, though. At least there is some potential here and might be worth a late round flyer. Note: Ahman Green was injured on his first carry of the preseason. Green is done as a fantasy contributor. Prediction: 900 yards, 200 rec., 6 TDs.

34. Chester Taylor – Minnesota Vikings

Even with Adrian Peterson's presence, Taylor still managed to have a fairly productive season with over 1000 combined yards and 7 TDs. I am sure there will be a few weeks where Taylor can help your fantasy team. The problem is picking which ones. We would strongly recommend for Peterson owners. Prediction: 750 yards, 275 rec., 6 TDs.

35. Justin Fargas – Oakland Raiders

You have to feel for Fargas as he took full advantage of the opportunity last season only for the Raiders to draft McFadden. We still think Fargas will get his fair share of carries, but not enough to help your fantasy team much. Note: Will be the starter opening day. Prediction: 800 yards, 150 rec., 5 TDs.

36. DeAngelo Williams – Carolina Panthers

It doesn't appear that the Panthers want to give Williams the opportunity to start for them. Williams has some big-play talent, but most likely we won't see it enough to warrant serious fantasy consideration. Stewart should become the starter in Carolina, but see how things are going in the preseason. Prediction: 675 yards, 200 rec., 5 TDs.

37. Kenny Watson – Cincinnati Bengals

This is the kinda player you pick up in the late rounds, especially if you drafted Rudi Johnson. Watson could step in and be a productive back if Rudi doesn't return strong. Watson had 52 catches, so keep an eye on him if you are in a PPR league. Prediction: 525 yards, 275 rec., 5 TDs.

38. Ricky Williams – Miami Dolphins

Could see some major action if Ronnie Brown has any setbacks. See how Brown looks in the preseason. Note: Ronnie Brown might be on the trading block which would bolster Ricky's value substantially. Prediction: 425 yards, 125 rec., 4 TDs.

39. Jerious Norwood – Atlanta Falcons

Everyone was high on Norwood at last year's draft, but he was never utilized enough to make a big impact. Now that Turner is in the mix, Norwood and his 6.2 career yards per carry will be riding the bench. Not a bad insurance policy for Turner owners though. Prediction: 550 yards, 275 rec., 4 TDs.

40. Felix Jones – Dallas Cowboys

Jones should get his share of carries spelling Marion Barber and could break a few big ones this season. Not a bad idea to pick him up if you drafted Barber. Prediction: 525 yards, 275 rec., 4 TDs.

41. Ladell Betts – Washington Redskins

Handcuff him to Portis as we know he can produce if given the opportunity. Prediction: 350 yards, 175 rec., 3 TDs.

42. Ahmad Bradshaw – New York Giants

If his off-field issues do not result in a suspension, we expect Bradshaw to get significantly more work this season. Jacob owners should strongly consider picking up Bradshaw. Prediction: 450 yards, 75 rec., 3 TDs.

43. Rashard Mandenhall – Pittsburgh Steelers

The rookie from Illinois could steal some carries from Willie Parker. Prediction: 450 yards, 150 rec., 3 TDs.

44. Maurice Morris – Seattle Seahawks

Morris ran for 62 yards on 6 carries in the first preseason game and might be the better man in Seattle. Prediction: 475 yards, 200 rec., 4 TDs.

45. Chris Johnson – Tennessee Titans

Chris Johnson had a 66-yard touchdown run in the first preseason game and could take carries away from LenDale White. Prediction: 475 yards, 150 rec., 4 TDs.

46. Ray Rice – Baltimore Ravens

If McGahee misses any time, Rice will be ready to take over as the starter. Certainly worth a look if that happens. Prediction: 450 yards, 125 rec., 3 TDs.

47. LaMont Jordan – New England Patriots

There isn't a great chance the Jordan will contribute enough in New England, but keep him in the back of your mind. Prediction: 400 yards, 200 rec., 2 TDs.

48. Ryan Torain – Denver Broncos

The rookie is making a good impression on coach Shanahan and could potentially unseat Selvin Young. Prediction: Depends on starter status.

Wide Receivers

There is great opportunity to make some informed picks here and get an edge on your competitors.

1. Randy Moss – New England Patriots

After a record-setting 23 touchdowns last season, Moss has to be the first wide receiver taken off the board. There is no way he gets close to those numbers again this year, but Moss should still be extremely productive. Prediction: 92 rec.- 1,350 yards, 15 TDs.

2. Braylon Edwards – Cleveland Browns

This guy has a ton of ability and now has a quarterback who can consistently get him the ball. Edwards should be ready for another career year and we think he could content for the overall #1 WR spot. On paper, The Browns have the second worst schedule for the RB position; which should translate to a boost in the aerial assault. Prediction: 86 rec. - 1,325 yards, 15 TDs.

3. Reggie Wayne – Indianapolis Colts

Wayne caught 104 passes last season and topped 1,500 yards. He again will be Manning's main target with Marvin Harrison's great career coming to a close. Look for similar spectacular stats in 2008. Prediction: 100 rec. - 1,425 yards, 11 TDs.

4. Terrell Owens – Dallas Cowboys

Ranking Owens below the other 3 guys might be because of our distain for Owens, but you certainly can't go wrong with him as your WR1. It looks like Dallas is primed for a run at the title this year and Owens will play a big part in their success. Prediction: 80 rec. - 1,300 yards, 12 TDs.

5. T.J Houshmandzadeh – Cincinnati Bengals

Here is a receiver we could see having a big year. Housh is in the final year of his contract, so he will be looking for a big payday if the Bengals don't give him an extension. If Chad Johnson doesn't return 100% healthy mentally and/or physically, Housh will put up some major numbers. He will regardless. Prediction: 106 rec. – 1,200 yards, 11 TDs.

6. Marques Colston – New Orleans Saints

If it wasn't for the Saint's poor offensive start, Colston would have had a monster year. He scored 9 TDs in the last 10 games of 2008 and we think this could continue this season. Colston had arthroscopic surgery in February, so make sure his knee is not an issue in the preseason. Note: Having minor knee issues in camp. Prediction: 93 rec. - 1,150 yards, 11 TDs

7. Andre Johnson – Houston Texans

If this guy can stay on the field for the entire season, he could rack up some serious fantasy pointage. The risk factor is the only reason Johnson is a step below the elite. We think it is worth the risk with the potential here as Johnson racked up 850 yards and 8 TDs in basically half a year in 2007. Note: Already tweaked groin in camp. Not a good sign. Prediction: 74 rec. - 1,275 yards, 11 TD.

8. Larry Fitzgerald – Arizona Cardinals

Fitzgerald finished with 1,409 yards and 10 TDs last season – the *<i>exact</i>* same numbers to he had in 2005. The Cardinals signed him to a 4 year/\$40 million contract extension and he is still only 25 years old. Health is a concern here, but talent is not. His numbers could dip a little if Leinart remains the starter all season. Prediction: 90 rec. - 1,250 yards, 9 TDs.

9. Tory Holt – St. Louis Rams

The Rams had an abysmal season in 2007, but Holt managed to have himself a decent fantasy campaign. We still think there is some gas left in this 32 year old tank and Holt could certainly crack the top 10 WRs this season. Prediction: 92 rec., 1,200 yards, 8 TDs.

10. Chad Johnson – Cincinnati Bengals

Talent-wise there are not many better receivers in the league. He supposedly wants out of Cincy, which could potentially lead to some laxidactical play. All we are saying here is there are more stable options out there, so don't take Chad too early. We would still love him as our WR1/WR2. Prediction: 84 rec., 1,250 yards, 8 TDs.

11. Santonio Holmes – Pittsburgh Steelers (+)

Holmes starting showing signs that he could be a big-time starter in this league with an impressive 18.1 yards per catch last season and almost 1,000 yards. As Hines Ward's career begins to come to a close, Holmes will assume a bigger portion of the Steelers pass offense. This could be a break-out year. Prediction: 68 rec., 1,150 yards, 8 TDs.

12. Wes Welker – New England Patriots

Welker was golden in PPR leagues with an astounding 112 receptions last season. At times, the short passing game seemed almost unstoppable. We see no reason why this can't continue with Brady again. Prediction: 108 rec., 1,150 yards, 7 TDs.

13. Steve Smith – Carolina Panthers

The injury to Jake Delhomme rendered Smith a mere mortal last season as he barely reached the 1,000 yard plateau. Unfortunately, this year might rely on Delhomme's recovery as well. We are cautiously optimistic that there will be a nice rebound here. Note: Smith will be suspended for the first 2 games of the season. Prediction: 88 rec., 1,025 yards, 7 TDs.

14. Roy Williams – Detroit Lions

Williams has the ability to be a WR1 if he can stay on the field the entire season. That is a big if. Take Williams as your WR2 if you are a gambling-man, but pass if you want a more stable option. Prediction: 70 rec., 1,000 yards, 7 TDs.

15. Brandon Marshall – Denver Broncos

Marshall emerged as the unquestionable #1 receiver on the Broncos last season as he and Cutler gelled. The Broncos do have a tough fantasy schedule for WRs based on last year's numbers, but there is too much talent here for Brandon to fall out of the top 10. Note: Will miss the first 3 regular season games with suspension. Prediction: 81 rec., 1,125 yards, 7 TDs.

16. Dwayne Bowe – Kansas City Chiefs (+)

Here is a receiver that we might want to take a chance on over someone like Roy Williams. Bowe had a solid rookie campaign with 70 receptions and almost 1,000 yards. There are quarterback issues in Kansas City, but if they can get some consistency, Bowe could become a fantasy star. Prediction: 75 rec., 1,100 yards, 7TDs.

17. Roddy White – Atlanta Falcons

Roddy White?!?! In the top 20?!?! Well, he put up pretty big numbers (1,202 yards, 6TDs) on a team with all sorts of quarterback issues last season. If Redman can establish himself as the starter, White will benefit. If Matt Ryan takes over the reins, then we might see a drop in production. Prediction: 78 rec., 1,125 yards, 7 TDs.

18. Anquan Boldin – Arizona Cardinals

Boldin is yet another injury-plagued star with unlimited potential. Boldin did finish strong last season and he always seems to catch plenty of balls every year. Definitely worth picking up as your WR2, just don't expect him to be on the field all season. It may not matter if he shows up during playoff time like last season (17-218-3 TDs in the last 2 games). Prediction: 80 rec., 1,125 yards, 7 TDs.

19. Greg Jennings – Green Bay Packers

12 TDs in 13 games is pretty impressive. Aaron Rodgers might not be able to connect with Jennings as often as Favre, but he is still a legit WR2. Prediction: 58 rec., 1,050 yards, 8 TDs.

20. Jerricho Cotchery – New York Jets

Cotchery managed to rack up 1,130 yards in this pathetic offense. If Favre finds his way to New York, then we might have something significant to talk about here. For now, look at Cotchery and his 2 TDs from last season as a low-end WR2. Note: Favre Upgrade! Prediction: 80 rec., 1,100 yards, 7 TDs.

21. Bobby Engram – Seattle Seahawks

Engram is now 35 years old, but he is coming off his best season of his career (94-1,147-6 TDs). With Branch still hampered by a knee injury, Engram should continue to be a reliable option in Seattle. Prediction: 83 rec., 1,075 yards, 6 TDs.

22. Plaxico Burress – New York Giants (-)

Burress had an impressive season with over 1,000 yards and 12 TDs, but all signs are pointing toward a down year. Burress is always slowed by nagging injuries and he is now 31 years old. Burress

wants a contract extension and negotiations with the Giants aren't going so well. We just have a bad feeling here. Prediction: 60 rec., 950 yards, 8 TDs.

23. Lee Evans – Buffalo Bills

Lee Evans sure could benefit from a more stable quarterback situation. It isn't likely to get much better, but Evans still has potential to rebound this season. Lynch will demand a lot of attention which could result in some single coverage situations. Not a bad pick here for your RB2. Prediction: 60 rec., 1,000 yards, 7 TDs.

24. Chris Chambers – San Diego Chargers

Chambers eventually settled in and ended the season pretty well. A concern is that 2007 was the second straight 4 TD season for Chambers. We think he will produce a few more touchdowns this season. Prediction: 68 rec., 1,000 yards, 6 TDs.

25. Kevin Curtis – Philadelphia Eagles

Curtis had some great weeks in his first season in Philly and ended up with career bests in receptions and yards (77-1,110-6 TDs). With McNabb at the wheel, Curtis should be able to put up similar stats in 2008. Prediction: 73 rec., 975 yards, 6 TDs.

26. Donald Driver – Green Bay Packers

Driver's best days are behind him and Greg Jennings is edging him out as the #1 receiver option in Green Bay. That being said, Driver topped 1,000 yards for the 4th consecutive season; although he only managed 2 scores. Aaron Rodgers probably won't help Driver's numbers, but he is still a reliable option. Prediction: 76 rec., 975 yards, 5 TDs.

27. Calvin Johnson – Detroit Lions

Johnson should continue to progress in his second season and become a legit WR2 candidate. Prediction: 60 rec., 950 yards, 6 TDs.

28. Hines Ward – Pittsburgh Steelers

Ward, like Driver, is being pushed out of the traditional #1 receiving option by a talented youngster. The Steelers offense should be potent enough for Ward to produce respectable numbers. Health is a concern with injuries and knee surgery, but Ward is a trooper. Prediction: 68 rec., 950 yards, 6 TDs.

29. Bernard Berrian – Minnesota Vikings

On the positive side, Berrian got a hefty contract (6 Years / \$43 million) from the Vikings. On the negative side, the passing attack in Minnesota is just as bad as it was in Chicago. There is some upside potential here if Tarvaris Jackson shows some improvement, but Minnesota is clearly better served running the ball. Prediction: 60 rec., 925 yards, 5 TDs.

30. Nate Burleson – Seattle Seahawks (+)

It wouldn't shock us if Burleson comes close to Bobby Engram's production this season, so we see him as having sleeper potential. As the #3 receiving option, Burleson matched his career high with 9 touchdowns in 2007; which is more than Engram has ever caught in a season. Now he will be the #2 option. Good pick for your WR3 here. Prediction: 59 rec., 850 yards, 8 TDs.

31. Laveranues Coles – New York Jets

An ankle injury was the major cause of a dip in production in 2007. Cotchery is now the #1 option at wide receiver, so Coles will only be respectable if he stays healthy the entire season. Note: Favre upgrade! Prediction: 60 rec., 925 yards, 7 TDs.

32. Derrick Mason – Baltimore Ravens

Especially in PPR leagues, Mason delivered with 103 receptions for 1,087 yards last season. He remains the #1 option in a poor passing offense, so he should provide you with decent production. Bump him up a few notches if you are in a PPR league. Prediction: 84 rec., 925 yards, 5 TDs.

33. Santana Moss – Washington Redskins

Moss just hasn't been able to return to his top 10 form of 2006 primarily due to injuries. Campbell will have another year under his belt and Washington has the easiest schedule on paper for WRs and QBs. Take Moss as your WR3 and hope he stays healthy. Prediction: 62 rec., 900 yards, 5 TDs.

34. Joey Galloway – Tampa Bay Buccaneers (-)

Galloway continues to produce as he still averaged 17.8 yards per catch at the age of 35. After three straight 1,000 yard seasons, we think that he will drop out of WR2 status this season; due to his age, off-season surgery, a groin strain and the quarterback situation in Tampa. Prediction: 54 rec., 925 yards, 5 TDs.

35. Anthony Gonzalez – Indianapolis Colts

It appears that Marvin Harrison will not be 100% by the start of the season, which could give Gonzalez more opportunities. He did show signs of being a productive NFL receiver with two 100+ yard performances in the second half of 2007. Keep an eye on Harrison during the preseason. Prediction: 52 rec., 800 yards, 5 TDs.

36. Marvin Harrison – Indianapolis Colts

We are just not sure what to think of Harrison this season and we are probably ranking him a little low. It just doesn't seem worth the risk to take him as your WR2 or WR3. Most likely he will go earlier than our ranking in your draft simply because of name-power. We say, let someone else have him. Prediction: 54 rec., 700 yards, 6 TDs.

37. Reggie Brown – Philadelphia Eagles

Brown has improved his off-season workout program and hopes to improve upon his mediocre 2007 campaign. We just aren't sure that his stats will improve all that much regardless of how he trains. Prediction: 60 rec., 775 yards, 5 TDs.

38. Patrick Crayton – Dallas Cowboys

We don't think Terry Glenn will come back to reclaim his status as the #2 wideout on the Dallas depth chart. Crayton showed signs last season, but was a very inconsistent performer. Nothing special here, but he could help you out on occasion. Prediction: 52 rec., 775 yards, 5 TDs.

39. Justin Gage – Tennessee Titans

After setting modest career highs in receptions and yardage, Gage was rewarded with a new 4 year deal. We hope that he can improve on his 2 TDs from last year. Prediction: 57 rec., 725 yards, 4 TDs.

40. Donte' Stallworth – Cleveland Browns (+)

Stallworth joins his 3rd team in as many years which is a telling sign. That being said, he is moving into a good situation in Cleveland and they paid him decent money to come there; so we think he has some potential to make a fantasy impact this year. Target him in the late rounds and you might be pleasantly surprised. Prediction: 50 rec., 750 yards, 5 TDs.

41. D.J. Hackett – Carolina Panthers

Worth a look as he will probably start opposite Steve Smith with Delhomme back in the lineup. If Smith is suspended, his value would increase in the short-term. Note: No Steve Smith in the first 2 games, so his value increases slightly. Prediction: 54 rec., 700 yards, 5 TDs.

42. Isaac Bruce – San Francisco 49ers

Mike Martz is reunited with Bruce who is not a legitimate fantasy option any more. The San Francisco offense is not nearly as potent as the 'greatest show on turf' was; and Bruce might not even end up being the most productive 49er receiver after it is all said and done. Prediction: 54 rec., 750 yards, 4 TDs.

43. Marty Booker – Chicago Bears

Someone has to be the #1 receiver in Chicago and it might just be Booker. I wouldn't bank on a big surprise year though. Prediction: 56 rec., 725 yards, 4 TDs.

44. Vincent Jackson – San Diego Chargers (+)

Jackson was a sexy sleeper pick last season and he... well how should I put it... pretty much sucked. So, why label him as a sleeper again this season, you might ask. Well, apparently he is looking good in camp and we think he is worth a late round flyer. Prediction: 48 rec., 700 yards, 4 TDs.

45. Reggie Williams – Jacksonville Jaguars

Williams demonstrated that he can score touchdowns by hitting pay-dirt 10 times on just 38 receptions last year. He is coming off a minor knee surgery, which could affect him in the early going. Prediction: 36 rec., 575 yards, 7 TDs.

46. Javon Walker– Oakland Raiders (-)

In a bad offense, coming off a knee injury; we just don't think it is a good idea to waste an mid-round pick on Walker. He might be worth the risk with a late round selection, though. Prediction: 50 rec., 700 yards, 4 TDs.

47. Arnaz Battle/Bryant Johnson – San Francisco 49ers

See who gets the starting spot out of these guys and draft accordingly. Maybe not drafting them at all would be drafting accordingly. One thing to note is that it is a contract year for Johnson and he might be motivated by a potential pay day. Prediction: Probably not going to help you much in this offense.

48. Eddie Royal – Denver Broncos

Royal could take away the starter role from the veteran Darrell Jackson and will certainly get a boost from Brandon Marshall's suspension. Keep this guy in mind in the later rounds and it could pay dividends. Prediction: 46 rec., 600 yards, 4 TDs.

49. Kevin Walter– Houston Texans

If you are an Andre Johnson owner, it might not be a bad idea to pick up Walter as he filled in nicely last season. As long as Johnson is in the lineup, Walter will probably not provide your team with much value. Prediction: 50 rec., 650 yards, 3 TDs.

50. Sidney Rice – Minnesota Vikings

Rice has talent, but that might not help him playing in this offense. Prediction: 40 rec., 525 yards, 5 TDs.

51. Chris Henry – Cincinnati Bengals

If Housh or Chad miss any time due to their injuries, Chris Henry is definitely worth a look. Prediction: 38 rec., 575 yards, 5 TDs.

52. Darrell Jackson – Denver Broncos

The 3 game suspension for Brandon Marshall could open the door for Jackson, who still could put up some numbers. Jackson did catch nearly 1,000 yards and 10 TDs in 2006. Prediction: 47 rec., 575 yards, 4 TDs.

53. Devin Hester – Chicago Bears

Can Hester produce as a starting wideout? We might find out this year. It wouldn't be a bad thing to draft him in the late rounds. At least there is upside here. Prediction: 45 rec., 575 yards, 3 TDs.

54. Antwaan Randle El – Washington Redskins

Randle El has some potential. Prediction: 42 rec., 550 yards, 3 TDs.

55. Laurent Robinson – Atlanta Falcons

Could make a bigger impact in his second season if he starts opposite Roddy White. Keep an eye on him in the preseason. Prediction: 45 rec., 525 yards, 3 TDs.

56. Ted Ginn Jr. – Miami Dolphins

We couldn't go through an entire draft guide without mentioning at least one Dolphin receiver. Prediction: 45 rec., 525 yards, 3 TDs.

57. Ronald Curry – Oakland Raiders

If Walker isn't healthy, they have to throw to someone in Oakland. Prediction: 45 rec., 525 yards, 4 TDs.

58. Jerry Porter – Jacksonville Jaguars

We don't think Porter will make a big impact in Jacksonville, especially with his hamstring injury. Prediction: 42 rec., 500 yards, 4 TDs.

59. Drew Bennett – St. Louis Rams

Bennett should start opposite Tory Holt, but that does not make a fantasy star. Prediction: 46 rec., 525 yards, 4 TDs.

60. Devery Henderson – New Orleans Saints

Henderson is currently lining up as the starter opposite Colston, so he might be worth a late round flyer. Prediction: 35 rec., 600 yards, 3 TDs.

61. Amani Toomer – New York Giants

Toomer still might have a little gas in the tank and could have a productive week or two if he holds off Steve Smith as the Giant's #2 WR. Prediction: 52 rec., 575 yards, 3 TDs.

62. Ben Obomanu – Seattle Seahawks

With the Seahawks hurting at the WR position, Obomanu might be able to emerge as a sleeper. Prediction: 38 rec., 525 yards, 3 TDs.

63. DeSean Jackson – Philadelphia Eagles

The rookie speedster might get an opportunity to play with Curtis' hernia surgery and Reggie Brown's hamstring injury. Prediction: 30 rec., 500 yards, 3 TDs.

Tight Ends

There is certainly enough talent out there at the TE position to go around, but you could be at a disadvantage if you wait too long to get one. The upper-tier TEs are significantly better than the subsequent groups.

1. Jason Witten – Dallas Cowboys

This guy is sturdy, in his prime and in the perfect offense to accentuate his abilities. Tony Romo targeted Witten 141 times last season and he is on the field for the majority of Dallas' snaps. His touchdown production could be a little better, but the receptions make up for that in PRP leagues. We would love to have Witten as our starting tight end. Prediction: 93 rec., 1,075 yards, 8 TDs.

2. Kellen Winslow – Cleveland Browns

Winslow has the potential to take over as the #1 overall tight end, but the off-season knee surgery is enough of a concern that we couldn't rank him above Witten. There is loads of talent here and, despite always being on the injury reports; he hasn't missed a game yet. There is big upside here, but make sure to pick up a decent backup in the later rounds just in case. Prediction: 85 rec., 1,000 yards, 6 TDs.

3. Tony Gonzalez – Kansas City Chiefs

Gonzo had a phenomenal year in 2007 despite shaky quarterback play in Kansas City. We don't have such lofty expectations this season, but he will certainly be a steady performer as your TE1. Not only is he a great tight end, but he also [saves people's lives](http://www.kcchiefs.com/news/2008/07/07/tony_gonzalez_saves_mans_life/)! What more could you ask for? Prediction: 88 rec., 975 yards, 5 TDs.

4. Antonio Gates – San Diego Chargers (-)

With the uncertainty regarding Antonio's foot surgery and his lingering back issues, we do not want to recommend Gates over the other three. Gates caught half of his passes and yards in the first 5 weeks last season and was completely ineffective during the playoff push. Let someone else waste a high draft pick on him. Prediction: 68 rec., 850 yards, 7 TDs.

5. Chris Cooley – Washington Redskins

Cooley is as steady as they come catching over 700 yards in each of the last three seasons. If Jason Campbell can progress, Cooley could move into the same class as the top 4; but that certainly isn't a give. If you are looking for solid, consistent play from your TE without the price of the top 4; Cooley is your man. Prediction: 67 rec., 800 yards, 7 TDs.

6. Owen Daniels – Houston Texans (+)

Daniels is a rising star and he should continue to be an important part of the Houston offense. The lack of a running game should result in more opportunities and hopefully more than 3 TDs this

season. Daniels touches increased slightly during Andre Johnson's injury, but he didn't catch a single touchdown without Johnson in the lineup. Prediction: 66 rec., 775 yards, 5 TDs.

7. Todd Heap - Baltimore Ravens

Heap was a huge disappointment due to a torn hamstring and he is already having some leg issues in camp. A classic risk/reward scenario here as Heap has the ability to become a top 5 TE if he plays all 16 games. Roll the dice and you could be rewarded. Prediction: 65 rec., 675 yards, 6 TDs.

8. Dallas Clark – Indianapolis Colts

Clark caught more touchdowns (11) than any other tight end in 2007. The injuries to Marvin Harrison benefitted Clark, so his success this season may also depend on the receiver's situation. One this is for sure, don't rely on 11 TDs again this season. Prediction: 50 rec., 575 yards, 7 TDs.

9. Tony Scheffler – Denver Broncos

Scheffler could be huge early in the season with Brandon Marshall's suspension. After that, he should remain a pretty solid option for you and he has some decent upside. Prediction: 53 rec., 600 yards, 5 TDs.

10. Heath Miller – Pittsburgh Steelers

Miller is a nice solid option who has never missed a game in his career. This is the type of guy you target in the later rounds if you surpassed the big-time guys. He will give you decent enough production without costing you an early round pick. Prediction: 45 rec., 525 yards, 6 TDs.

11. Alge Crumpler – Tennessee Titans (+)

It appears that Crumpler wants to revamp his career with his new team and we think that he will be fairly productive. We wouldn't be shocked to see him in the top 10, if he stays healthy the entire season. Prediction: 48 rec., 600 yards, 5 TDs.

12. Donald Lee – Green Bay Packers

This is one Packer whose numbers might not suffer too much while Rodgers acclimates himself. Rodgers utilized his tight ends fairly often in college and Lee will provide Rodgers with a safe passing option. Prediction: 50 rec., 575 yards 5 TDs.

13. Jeremy Shockey – New Orleans Saints

Well, Shockey is reunited with his former offense coordinator (Sean Payton) and he will be the featured tight end in a pretty decent offense. There are always durability issues especially with Shockey coming off a broken leg. This is a scary option as your #1 TE, but one that could work out well for you. Prediction: 55 rec., 550 yards, 4 TDs.

14. Zach Miller – Oakland Raiders (+)

In JaMarcus Russell's first start in week 17 last season, Miller was targeted 9 times and he caught 8 of them for 84 yards. Russell could very well rely on Miller heavily this year and we view him as a great sleeper pick. Prediction: 50 rec., 525 yards, 4 TDs.

15. Randy McMichael – St. Louis Rams (+)

McMichael was hampered by Bulger's injury and he was never a fantasy factor in 2007. The Ram's coaching staff seems committed to increasing McMichael's role in the offense this season and he has only missed one game in his career. Not a bad upside pick here, especially if you have an injury-prone starter. Prediction: 48 rec., 500 yards, 4 TDs.

16. Kevin Boss – New York Giants

With Shockey out of New York, Boss could be a blip on the fantasy radar. It won't be a huge blip, though. Prediction: 38 rec., 475 yards, 4 TDs.

17. Vernon Davis – San Francisco 49ers (-)

Mike Martz has never heavily utilized a tight end in his offenses. Who was the Lions top receiving tight end last year? Who was the tight end while the 'greatest show on turf' was performing? See what I mean. Davis is a talent, but with injuries, poor quarterback and Martz; we are not very positive on Davis. Prediction: 46 rec., 500 yards, 3 TDs.

18. Benjamin Watson – New England Patriots

It is almost a guarantee that Watson will miss a few games in 2008. If he is healthy in this offense, Watson deserves some fantasy consideration. Prediction: 38 rec., 400 yards, 4 TDs.

19. L.J. Smith – Philadelphia Eagles

Smith was not on the field enough to make any sort of fantasy impact in 2007. There is some potential here while he and McNabb are both in the lineup. Prediction: 38 rec., 425 yards, 3 TDs.

20. Greg Olsen – Chicago Bears

Olsen is probably the better tight end in Chicago choice right now and his numbers should continue to improve. Desmond Clark is still in the picture which will diminish Olsen's numbers somewhat. Prediction: 40 rec., 425 yards, 3 TDs.

Defense/Special Teams

Selecting the top defense is always a tricky task. Our advice is always wait until the later rounds as you can always get match-up plays off the waiver wire throughout the year. Don't burn a mid-round pick on a defense; it just isn't worth it.

1. New England Patriots

On paper, the Pats have the easiest schedule in the league. Favre moving in the division doesn't help, but this unit should still be very solid and still hungry after blowing their perfect season in the Super Bowl. Hopefully Richard Seymour can stay healthy this year. Prediction: 46 sacks, 36 takeaways, 8 TDs.

2. Minnesota Vikings

Minnesota is very tough defense against the run and they showed improvement in the pass rush in 2007. They scored an impressive 8 defensive touchdowns last season. Prediction: 40 sacks, 33 takeaways, 7 TDs.

3. Dallas Cowboys

Dallas caused 26 fumbles last year, but only got 10 of them. We think that the law of averages will result in some more fumble recoveries which will propel this team into the top 5. Demarcus Ware (14 sacks) and Greg Ellis (12.5 sacks) can get after the quarterback. Prediction: 48 sacks, 34 takeaways, 5 TDs.

4. San Diego Chargers

The Chargers have the third best schedule for defenses based off of last year's numbers. Shawne Merriman (12.5 Sacks) is a beast and Antonio Cromartie contributed 10 interceptions. It should be another solid year. Note: Merriman could be done for the year and maybe his career. Prediction: 44 sacks, 42 takeaways, 7 TDs.

5. Seattle Seahawks (+)

Seattle's offense looks like it could struggle a little this season, so this defense will have to step up. They are in a subpar division and their schedule appears to be pretty favorable. Patrick Kearney leads the pass rushers with 14.5 sacks in 2007. Nate Burleson is capable of breaking one in the return game. Prediction: 46 sacks, 32 takeaways, 6 TDs.

6. Chicago Bears

The defense isn't why this group is in the top 10, it's the special teams. Devin Hester score two kick returns and four punt returns for touchdowns in 2007. There still is enough talent on this defense to get you some points. Prediction: 40 sacks, 33 takeaways, 7 TDs.

7. Jacksonville Jaguars

Jacksonville is a solid defense that will be solid for you week-in and week-out. Their first round pick, Derrick Harvey, should help get a little more pressure on the quarterback this season. Jones-Drew is an explosive kick returner who is very capable of breaking one. Prediction: 39 sacks, 32 takeaways, 5 TDs.

8. Tennessee Titans

The Titans were the 5th ranked defense in terms of yards allowed. They also had 34 takeaways and 41 sacks, which is very respectable. The only downside was that the defense/special teams only scored 2 touchdowns. We think Tennessee will improve upon that number propelling them into a top 10 unit. Prediction: 40 sacks, 33 takeaways, 4 TDs.

9. Indianapolis Colts (-)

The Colts didn't put nearly enough pressure on the quarterback and they only score 3 touchdowns in 2007. That being said, they allowed the least amount of point per game in the league and they were second overall with 37 takeaways. They do have a rough schedule which lowers our expectations a tad. Prediction: 32 sacks, 35 takeaways, 4 TDs.

10. Green Bay Packers

The Packers are a good group with Aaron Kampman leading the way with 12 sacks. The defense only recovered 9 fumbles last year, which could certainly improve in 2008, but they also score 4 TDs which you can't count on. Prediction: 36 sacks, 31 takeaways, 4 TDs.

11. Arizona Cardinals (+)

The Cardinal defense did surrender a lot of points in 2007, but they also score a lot with 7 touchdowns of their own. There are no big-time pass rushers on the squad, but they get a decent amount of pressure on the quarterback (36 sacks in 2007). This production in addition to the 4th easiest fantasy schedule based on last season's numbers make this group a sleeper candidate. Prediction: 35 sacks, 28 takeaways, 5 TDs.

12. New York Giants

The G-Man will be without Strahan (9 sacks), but there is still enough talent on the defense to get it done. Don't count on 5 defensive touchdowns again, but do count on more than 25 takeaways. Note: Osi Umenyiora out for the season. Prediction: 39 sacks, 27 takeaways, 4 TDs.

13. Pittsburgh Steelers (-)

This is definitely a top defense, but the schedule is just brutal. The special teams unit is nothing 'special'. Beware. Prediction: 37 sacks, 28 takeaways, 4 TDs.

14. Denver Broncos

This group had a horrible year last season as they were 28th in points allowed. There are some players on this defense and we think they will return to fantasy respectability in 2008. Prediction: 34 sacks, 29 takeaways, 4 TDs.

15. Philadelphia Eagles

The Eagles has a league low 19 takeaways last season and their special teams didn't score either. The obtained Asante Samuel to help a unit who only had 9 interceptions in 2007. The Eagle's aggressive defensive style should result in a better 2008 campaign. Prediction: 38 sacks, 27 takeaways, 3 TDs.

Kickers

Gosh, I hate writing about kickers. Just pick a kicker on a good offense late in the draft.

1. Stephen Gostkowski – New England Patriots

Should get a ton of extra points and hit 87.5% of his field goal opportunities last year. Prediction: 25 FG, 62 XPTs.

2. Nick Folk – Dallas Cowboys

After a nice rookie campaign, one would expect that the Cowboys offense to give Folk a lot of field goal opportunities and extra points this season. Prediction: 27 FG, 53 XPTs.

3. Mason Crosby – Green Bay Packers

This offense is good enough with or without Favre to get Crosby some chances. Prediction: 31 FG, 38 XPTs.

4. Shayne Graham – Cincinnati Bengals

Graham is accurate as hell making 31 of 34 field goal attempts. This team scares me a little, but that doesn't mean Graham won't get his chances. Prediction: 32 FG, 34 XPTs.

5. Adam Vinatieri – Indianapolis Colts

The Colts offense will still be potent, but do take note that Vinatieri will be kicking in a new building (Lucas Oil Stadium). The stadium has a retractable roof and an operable north window, so the elements can play a factor now. Prediction: 25 FG, 47 XPTs.

6. Nate Kaeding – San Diego Chargers

Kaeding is one of the most accurate kickers in the game and San Diego's offense looks to be pretty potent again. Prediction: 24 FG, 48 XPTs.

7. Rob Bironas – Tennessee Titans

Bironas hit a league-high 35 field goal last season and went 4 for 5 over 50 yards. Unsure about the Titan offense, but still a quality play here. Prediction: 31 FG, 30 XPTs

8. Phil Dawson – Cleveland Browns

Cleveland can score some points and Dawson was very accurate last season hitting on 26 of 30 field goal opportunities. Prediction: 27 FG, 43 XPTs.

9. Jason Hanson – Detroit Lions

Hanson returned to fantasy respectability in 2007. He has connected on 8 of 14 above 50 yard field goals over the last 3 seasons. Prediction: 28 FG, 37 XPTs.

10. Neil Rackers – Chicago Bears (+)

Rackers hit 40 of 42 field goals back in 2005, but only about half of that (21) last season. We think Arizona could be a surprise team this year and Rackers could return to a top 10 kicker. Prediction: 29 FG, 35 XPTs.

11. Robbie Gould – Chicago Bears

The Bears offense seems to sputter when it gets into the red zone and Gould capitalizes. He made 31 out of his 36 field goal opportunities in 2007. Prediction: 29 FG, 35 XPTs.

12. Kris Brown – Houston Texans

Brown hit all five of his field goal attempts over 50 yards last season. Prediction: 27 FG, 36 XPTs.

+Sleeper

-Bust